Thank you for your enquiry regarding counselling/psychotherapy.   
Please fill in the interactive form below and return to me via email; this will help me assess if I am the right therapist for you.

|  |  |
| --- | --- |
| Name: |  |
| Telephone: |  |
| Email: |  |
| Age: |  |
| Are you looking for face-face or telehealth counselling? | Face-to-face  Video  Telephone |
| How did you find out about my practice? (e.g. word of mouth, GP, online search [please include keywords used], Psychology Today/other database?) |  |
| Do you require a concession rate, or seeking other form of financial assistance? (see website for info. re options/eligibility) | Yes  No  Assistance sought: |
| Please provide a summary of the issue/s you would like to work on: |  |
| What have been your previous experiences with counselling/therapy, both good and bad? | Good:    Bad: |
| Do you need a counsellor that can provide a diagnostic assessment or report? | Yes  No |
| Are you facing (or likely to face) any legal issues? | Yes  No |
| Do you have a preference regarding the frequency of treatment, e.g. weekly, fortnightly? If yes please state. | Yes  No   weekly  fortnightly  monthly  other |
| Do you have a preference regarding the length of treatment, e.g. brief therapy, longer term? If yes please state. | Yes  No   Length of treatment: |

Thank you for completing the form.

Please forward to me at eleni.connect@protonmail.com and I will be in touch with you shortly.